

# TONYA H. CORNILEUS CURRENT READING LIST

## As of January 2023

	TITLE	AUTHOR	Date	RATING
1.	All About Love	bell hooks		
2.	Discipline is Destiny	Ryan Holiday		
3.	Eleanor: A Life	David Michaelis		
4.	Falling Upward: A Spirituality for the Two Halves of Lives	Richard Rohr		
5.	Feeding the Soul (Because it's My Business): Finding Our Way to Joy, Love, and Freedom	Tabitha Brown		
6.	Finding Me	Viola Davis		
7.	Four Thousand Weeks: Time Management for Mortals	Oliver Burkeman		
8.	Fulfilled: How the Science of Spirituality Can Help You Live a Happier, More Meaningful Life	Anna Yusim, MD		
9.	How to Love	Thich Nhat Hanh		
10.	Inciting Joy: Essays	Ross Gay		
11.	Live True: A Mindfulness Guide to Authenticity	Ora Nadrich		
12.	Live Your Gift: Discovering Your Authentic Life Through Life Mapping	Dana V. Adams		
13.	Taoist Meditation: Methods for Cultivating a Healthy Mind and Body	Thomas Cleary		
14.	The 1619 Project: A New Origin Study	Nikole Hannah-Jones		
15.	The Book of Soul: 52 Paths to Living What Matters	Mark Nepo		
16.	The Dawn of Everything: A New History of Humanity	David Graeber David Wengrow		
17.	The Light We Carry	Michelle Obama		
18.	The Midnight Library	Matt Haig		
19.	Think Again: The Power of Knowing What You Don't Know	Adam Grant		