



SPRING CLEANING CHECKLIST

www.yourahalife.com

KITCHEN

- Clean and organize cabinets and drawers
- Clean and organize pantry shelves
- Discard expired food and spices
- Clean out and disinfect refrigerator
- Defrost and clean freezer
- Clean and odorize sink and garbage disposal
- Run cleaning program for dishwasher
- Clean stovetop and oven
- Clean behind/under refrigerator and stove
- Wipe down microwave, coffee maker and other small appliances
- Match lids and storage containers
- Discard or recycle chipped or broken dishes
- Organize cleaning supplies
- Clean garbage can

BATHROOMS

- Clean tub and shower; remove soap scum and mildew
- Wipe down tile in shower, around bathtub and toilet
- Scrub toilet
- Wash shower curtain, floor mats and rugs
- Unclog slow drains
- Organize cabinets and drawers
- Dispose of expired medicine, toiletries and cosmetics
- Refill needed medicine, toiletries and cosmetics

LAUNDRY ROOM

- Run cleaning cycle on washer
- Wipe down washer and dryer exterior
- Clean behind washer and dryer
- Clean lint trap in washer and dryer
- Clean and organize cabinets and drawers

HOME OFFICE

- Declutter and wipe down desk
- Clean computer screen, keyboard and mouse
- Dust printer and other electronics
- File documents and papers
- Clean and organize desk drawers and cabinets
- Discard old stationery, dry pens and markers
- Refill office supplies
- Organize books on shelves; donate books
- Shred confidential documents and papers

DINING ROOM

- Clean china and polish silver
- Organize china cabinet
- Dust table centerpiece or replace with seasonal

ALL ROOMS

- Dust ceiling fans and light fixtures
- Clean windows, windowsills, and tracts
- Vacuum curtains and window blinds
- Replace lightbulbs
- Test batteries in smoke detectors and security system; replace
- Polish wood surfaces
- Dust furniture, décor and wall art
- Wipe down doors, door trims and vents
- Clean baseboards, trim and wall corners
- Clean risers on stairs
- Disinfect doorknobs, cabinet handles, and light switches
- Sweep and mop floors
- Vacuum and steam clean carpets and rugs
- Declutter and organize closets
- Throw out and discard old and unused items
- Schedule airduct cleaning and replace HVAC filters

BEDROOMS

- Clean out dresser drawers and organize contents
- Clean closet shelves and organize contents
- Store off-season clothing
- Donate clothing, coats, that are too small
- Wash all bedding, mattress pads, bed skirts
- Wash or dry clean duvets/comforters, blankets
- Sanitize pillows
- Rotate mattresses
- Disinfect kids' toys; donate outgrown toys

LIVING ROOM

- Vacuum and steam clean sofa and chairs
- Dust television and electronics; wipe down remote
- Recycle magazines and newspapers
- Clean fireplace; schedule chimney sweep

OUTSIDE AND GARAGE

- Wipe down doors, wash windows and screens
- Sweep entrance
- Pressure wash exterior surfaces (home, driveway, patio/deck, patio furniture)
- Clean outside grill; replace gas tank (if needed)
- Check garage and floodlights, replace bulbs
- Check sprinkler system; replace broken garden hose
- Discard old automobile cleaners and oils
- Hose out garbage cans and recycling bins
- Remove weeds from yard and flower beds
- Mow and edge grass; plant or prune shrubs and flowers

